



# 26th Annual Mud Mountain 5K Cross-Country Classic & Mile Fun Run Saturday, July 23, 2022



*For more information or to register on-line, visit [www.mudmountain5k.org](http://www.mudmountain5k.org)*

Your entry helps the EXCTF Booster Club support over six hundred athletes competing in Boys and Girls Cross-Country and Track and Field at Edwardsville High School, Liberty Middle School and Lincoln Middle School. Thank you for your support!

## What:

Enjoy the opportunity to run a true and challenging cross-country course, as we race on the 5K course used by SIUE and EHS.

- The 5K race starts at 8:00 a.m. (bib chip timing through Endurance Race Timing: [www.enduranceracetiming.com](http://www.enduranceracetiming.com))
- One-mile fun run immediately following the conclusion of the 5K race.
- Performance sports shirt in women's, men's and youth cuts for all pre-registered runners.
- Awards given to the top three finishers in each age division and Male and Female Team Champions (see divisions on-line).

## Where:

- The SIUE Cross-Country course is located at the intersection of New Poag Road and North University Drive.

## Entry Information:

- 11 and under: \$15
- Under 18: \$25
- Over 18: \$30 in advance and \$35 on race day
- All team entries: \$25 per runner. Please mail in team entries together. Teams can be entered on-line, but should be entered by the team captain. Teams can enter on race day, but the price will be \$30. Four runners minimum per team (maximum of seven). Be sure to include a team name. Teams must be composed of all males or all females. No mixed teams. If you enter a mixed team, all competitors will be scored as part of a men's team.

## Mud Mountain XXVI Official Entry Form

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: M or F

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_ T-Shirt: \_\_\_ Youth \_\_\_ Men's \_\_\_ Women's XS S M L XL XXL

Race Entry: \_\_\_ 5K Run \_\_\_ 1 Mile Fun Run \_\_\_ Team Name: \_\_\_\_\_ Men's or Women's

**WAIVER:** I acknowledge that a running event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and/or personal loss. I hereby assume the risk of participating in the Mud Mountain 5K/1-mile race. I hereby take action for myself, my executors, administrators, heirs, next of kin, successors and assigns as follows: a) waive, release, discharge and agree not to sue, from any liability for my death, disability, personal injury, property damage, property theft, or action of any kind which may hereafter occur to me as a result of my participation in the aforementioned events; b) the following person or entities: E.C.U.S.D. #7, race director, event volunteers, club members and officers, and all cities, counties, districts in which said event may be staged or in which segments of said events may be run and their officers, directors, employees, representatives, and agents. I agree to allow my photograph, video or film likeness to be used for legitimate purposes by E.C.U.S.D. #7, the event sponsors and/or assigns.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

**Mail to: EXCTF Booster Club, PO Box 135, Edwardsville, IL 62025**



**Mud Mountain 5k**